
goldjunge

FOOD AND DRINKS

GOLDEN PHILOSOPHY

„Food should not be determined by the need to eat but by ambiance, enjoyment, and taste.“

-Helmut Glaßl

We offer you what we like the most.

Food should be simple, healthy, nutritious, and delicious. That is why we believe in quality, good craftsmanship, and the distinctive taste of self-made products.

We love bread- an item with a lot of variations. A fine piece of craftsmanship are our golden buns, beautifully topped with fresh spreads and other toppings.

With our range of products we want to support the local agriculture, that is why most of our products are supplied by local farmers.

Farm animal welfare and housing is highly important to us. We are convinced of a respectful treatment of animals. The demands of the producers are hereby more important than the certificate.

Food is a political topic to us- we support slow food and products such as palm oil are deliberately avoided.

Our to-go cups and containers are made from compostable materials and help us to protect the environment.

To minimize our carbon footprint we also decided against processing avocado.

How are we going to make a change as a small café?

By communicating with our guests.

Please feel free to talk to us if you have any questions, requests, or suggestions.

Your Goldjunge Team

*At the moment, you can find us in Sülz, Nippes,
at the Mediapark in Cologne and in the city centre.*

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All prices in euros and including VAT.

COFFEE

We use our own specialty coffee blend in all of our cafés: the Goldjunge blend from Heilandt roastery. Our blend produces a strong, full espresso with notes of chocolate and nuts, which can be enjoyed alone and pairs wonderfully with cow milk or milk alternatives. Simply delicious!

The Goldjunge blend consists of two parts Arabica, which come from Brazil and Peru, and one-part Mexican Robusta. The Arabica beans provide the sensory notes, while the Robusta provides the body. We believe that this ratio contributes a perfect balance of strength, body, and sweetness!

As is well known, taste is a matter of debate - but facts are not. With this coffee, we can be sure that our partner Heilandt purchased the beans directly from farmers, offering fair prices so that everyone involved can live well. There is full transparency about every step from the farm to the bag. This is important to us.

We use organic milk which is locally produced at the Hielscher Hof in Leichlingen. Oat milk is offered to you as a plant-based alternative (0,50€).

Coffee	2,90
Large Coffee	3,50
Espresso	2,20
Espresso Macchiato	2,50
Double Espresso	3,20
Cappuccino	3,30
Large Cappuccino	4,30
Flat White	4,10
Coffee with milk	3,90
Latte Macchiato	4,00
Extra Espresso Shot	+ 1,00

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HOT DRINKS

Organic Tea from Schlürfel black tea, green tea, fruit tea, herb tea	3,20
Fresh Tea choose or combine the fresh components as you like: fresh mint, orange, lemon and/or ginger	4,20
Chai Latte foamed milk with homemade Chai-sirup	4,20
Dirty Chai Chai Latte with one espresso shot	4,80
Hot cocoa Foamed milk with white or dark cocoa	4,20
Whipped Cream	0,80

COLD DRINKS

Viva con Agua sparkling/still 0,33l	3,20
Viva con Agua sparkling 0,7l	6,20
Maracuja spritzer 0,4l	4,20
Afri Cola/ Afri Cola light 0,33l	3,70
Kölsches Wasser pink (Grapefruit) 0,33l	3,70
BioZisch spritzer/lemonade 0,33l apple naturally cloudy, rhubarb, orange, blood orange, lemon naturally cloudy	3,80
Freshly squeezed orange juice 0,2l	4,90

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BREAKFAST


All our sweet and savory spreads & cremes are homemade from natural ingredients and made with love.

Marie & André	6,50
croissant, jam, small fruit salad & organic butter	
Josepha & Erich	13,50
boiled ham, vegan liver sausage, gouda, fenugreek gouda, jam, pickels, „our“ spelt bread & organic butter	
Amila & Ben	13,50
black forest ham, fenugreek gouda, gouda, tomato spread, hummus, pickels, small fruit salad, „our“ spelt bread & organic butter	
Antje & Piet	13,50
gouda, fenugreek gouda, brie, pesto, jam, fresh cucumber, small fruit salad, „our“ spelt bread & organic butter	
Sarah & Samuel	13,90
croissant topped with smoked salmon, gouda & two organic scrambled eggs	
Krissel & Irisa  <i>vegan</i>	10,50
porridge with berries & roasted seeds, on the side of pea-spread & „our“ spelt bread	

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Katja & Freya  *vegan* 10,50
porridge with chocolate-hazelnut cream & fresh fruit, on
the side of red beetroot-sesame-cream & „our“ spelt
bread

Renate & Rolf  *vegan* 12,90
marinated vegetables, pea-spread, hummus,
jam, salad, small fruit salad & „our“ spelt bread

Bärbelchen & Hänneshen (for two people) 36,90
2 glasses 0,1l freshly squeezed orange juice, 2 boiled
organic eggs, blackforest ham, boiled ham, fennel salami,
brie, gouda, fenugreek gouda, tomato spread, vegan
chocolate-hazelnut cream, pesto, jam, 2 small fruit
salads, „our“ spelt bread & organic butter

Vegetarian alternative: instead of ham and salami, vegan liver
sausage, red beetroot-sesame spread & hummus

EXTRAS

one organic boiled egg + 2,50

one serving pea spread, tomato spread, + 2,80
vegan liver sausage, marinated vegetables, hummus or
red beetroot-sesame- spread

one serving vegan chocolate-hazelnut-spread +2,20
or jam

one serving organic butter + 1,20

one golden bun or one croissant + 2,50

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EGGS ON ROASTED BREAD

Our organic eggs are from the farm Alpermühle located in Nümbrecht.
On the side of all our dishes we serve you a small salad.

You can choose between „our“ spelt bread made from sourdough or our homemade golden buns made with spelt flour, oregano and sun-dried tomatoes (+1,00).

Three organic scrambled eggs	8,90
with „our“ spelt bread & organic butter	
Two sunny-side eggs	7,50
with „our“ spelt bread & organic butter	
Strammer Max classic	10,50
cooked ham & 2 organic sunny-side eggs	
Strammer Moritz	10,50
gouda & 2 organic sunny-side eggs	
Stramme Leonie	10,80
red beetroot-sesame spread, feta cheese & 2 organic sunny-side eggs	
Stramme Laura	10,80
pea-spread, gouda & 2 organic sunny-side eggs	
Stramme Tina	10,80
tomato spread, marinated vegetables & 2 organic sunny-side eggs	

Additional Toppings:

bacon <u>or</u> boiled ham.	+ 3,50
smoked salmon	+ 4,00
tomato & herbs	+ 2,50
gouda <u>or</u> feta cheese	+ 2,50

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STULLEN FOR YOUR SMALL APPETITE

On the side of all our dishes we serve a small salad. You can choose between „our“ spelt bread made from sourdough or our homemade golden buns made with whole grain spelt flour, oregano & sun-dried tomatoes (+1,00).

Stulle David	8,50
tomato spread & roasted goat cheese	
Stulle Andy	8,50
hummus & fennel salami	
Stulle Pia	8,20
red beetroot-sesame spread & feta cheese	
Stulle Zoe  <i>vegan</i>	8,20
pea spread & marinated vegetables	
Stulle Natascha	8,20
tomato spread, feta cheese & chili strings	
Stulle Jonas	8,20
pesto & fenugreek gouda	

YOGHURT AND FRUIT


soy yoghurt with fresh fruit	6,90
soy yoghurt with granola & fresh fruit	6,90
fruit salad	6,90


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GOLDEN CLASSICS

Pasta with Lentil-Bolognese 10,90
with cherry tomatoes, scallions & parmesan

Vegan meatballs  *vegan* 12,90
with tomato-vegetable sauce, spring onions
and basmati rice

Large salad  *vegan* 10,90
with raw vegetables, seeds, agave-mustard-dressing
& „our“ spelt bread
with roasted goat cheese + 3,20
with with tomato-olive-chicken
& parmesan + 3,80

Tomato-Vegetable Soup  *vegan* 8,90
with vegetables, basil
& „our“ spelt bread
with pesto-cream + 1,00
with tomato-olive-chicken & parmesan +3,80

Chili sin Carne  *vegan* 10,90
with organic soy strips, kidney beans, corn &
„our“ spelt bread
with pesto-creme + 1,20

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BREAKFAST BOARD

For six or more people we offer a large breakfast set up on plates, including something for everybody's taste.

You can always order as much as you like so nobody has to go home with an empty stomach.

17,90 per person

Your breakfast will consist of:

- organic butter, jam, vegan chocolate-hazelnut
- variation of spreads:
 - tomato, red beetroot- sesame, pea, hummus
- variation of cheese:
 - brie, gouda, fenugreek gouda
- variation of sausage:
 - boiled ham, black forest ham, fennel salami
- fruit salad
- organic scrambled eggs
- „our“ spelt bread (as much as you like)

On request, we are happy to offer you a separate card with allergy information.

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If you liked your visit at Cafe Goldjunge and
want to support us:

1. Go follow us on instagram [cafe_goldjunge](#)
2. Share a Story und tag our profile:
[@cafe_goldjunge](#)
3. Show your post to one of our team members
4. Enjoy a free hot drink



Goldjunge Sülz | Zülpicher Str. 282 | 50937 Cologne
Goldjunge Mediapark | Gladbacher Str. 31 | 50672 Cologne
Goldjunge Nippes | Neusser Str. 291 | 50733 Cologne
Goldjunge Innenstadt | Hohe Pforte 4-6 | 50676 Cologne

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