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goldjunge

FOOD AND DRINKS

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# GOLDEN PHILOSOPHY

*„ Food should not be determined by the need to eat but by ambiance, enjoyment, and taste.“*

-Helmut Glaßl

We offer you what we like the most.

Food should be simple, healthy, nutritious, and delicious. That is why we believe in quality, good craftsmanship, and the distinctive taste of self-made products.

We love bread- an item with a lot of variations. A fine piece of craftsmanship are our golden buns, beautifully topped with fresh spreads and other toppings.

With our range of products we want to support the local agriculture, that is why most of our products are supplied by local farmers.

Farm animal welfare and housing is highly important to us. We are convinced of a respectful treatment of animals. The demands of the producers are hereby more important than the certificate.

Food is a political topic to us- we support slow food and products such as palm oil are deliberately avoided.

Our to-go cups and containers are made from compostable materials and help us to protect the environment.

To minimize our carbon footprint we also decided against processing avocado.

How are we going to make a change as a small café?

By communicating with our guests.

Please feel free to talk to us if you have any questions, requests, or suggestions.

Your Goldjunge Team

*At the moment, you can find us in Sülz, Nippes and at the Mediapark in Cologne.*

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All prices in euros and including VAT.

# COFFEE

For our café in Sülz we use coffee beans from the coffee roastery Van Dyck located in Cologne. Its special characteristic is the separate roasting of different types of coffee beans, only in the end the mixture is put together.

In our café in Nippes and at the Mediapark, we use coffee beans from the „Mehrwert“ roastery.

With every cup of coffee, you buy you support a social project called Crossroads in Kenia. Young people at risk are given new perspectives.

We use organic milk which is locally produced at the Hielscher Hof in Leichlingen. Oat milk is offered to you as a plant-based alternative. Herefore we will charge an additional amount of 0,50€.

Coffee	2,60
Large Coffee	3,00
Espresso	2,10
Espresso Macchiato	2,30
Double Espresso	2,60
French Press Coffee Pot (ca. 2 cups)	4,20
Cappuccino	3,00
Large Cappuccino	3,80
Flat White	3,50
Coffee with milk	3,50
Latte Macchiato	3,50
Extra Espresso Shot	+ 0,50

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# HOT DRINKS

<b>Organic Tea from Schlürfel</b> black tea, green tea, fruit tea, herb tea	2,90
<b>Fresh Tea</b> choose or combine the fresh components as you like: fresh mint, orange, lemon and/or ginger	3,60
<b>Chai Latte</b> foamed milk with homemade Chai-sirup	3,90
<b>Dirty Chai</b> Chai Latte with one espresso shot	4,20
<b>Hot cocoa</b> Foamed milk with white or dark cocoa	3,60

# COLD DRINKS

Viva con Agua sparkling/still 0,33l	2,80
Viva con Agua sparkling 0,7l	5,20
Maracuya spritzer 0,4l	3,60
Afri Cola/Afri Cola light 0,33l	3,30
Kölsches Wasser pink (Grapefruit) 0,33l	3,30
Lemonade (lavender-lemon) 0,33l	3,40
BioZisch spritzer/lemonade 0,33l apple naturally cloudy, rhubarb, orange, blood orange, lemon naturally cloudy	3,30
Freshly squeezed orange juice 0,2l	4,50

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# BREAKFAST

All our sweet and savory spreads & cremes are homemade from natural ingredients and made with love.

**Marie & André** 5,90

croissant, jam, small fruit salad & organic butter

**Josepha & Erich** 11,90

boiled ham, vegan liver sausage, gouda, fenugreek gouda, jam, pickels, „our“ spelt bread & organic butter

**Amila & Ben** 11,90

black forest ham, fenugreek gouda, gouda, tomato spread, hummus, pickels, small fruit salad, „our“ spelt bread & organic butter

**Antje & Piet** 11,90

gouda, fenugreek gouda, brie, pesto, jam, fresh cucumber, small fruit salad, „our“ spelt bread & organic butter

**Sarah & Samuel** 12,90


croissant topped with smoked salmon, gouda & two organic scrambled eggs


**Krissel & Irisa**  *vegan* 9,90

porridge with berries & roasted seeds, on the side of pea-spread & „our“ spelt bread

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**Katja & Freya**  *vegan* 9,90  
porridge with chocolate-hazelnut cream & fresh fruit,  
on the side of red beetroot-sesame-cream & „our“ spelt  
bread

**Renate & Rolf**  *vegan* 11,40  
marinated vegetables, pea-spread, hummus,  
jam, salad, small fruit salad & „our“ spelt bread

**Bärbelchen & Hännischen** (for two people) 32,50  
2 glasses 0,1l freshly squeezed orange juice, 2 boiled  
organic eggs, blackforest ham, boiled ham, fennel  
salami, brie, gouda, fenugreek gouda, tomato spread,  
vegan chocolate-hazelnut cream, pesto, jam, 2 small  
fruit salads, „our“ spelt bread & organic butter

**Vegetarian alternative:** instead of ham and salami, vegan liver  
sausage, red beetroot-sesame spread & hummus

## EXTRAS

one organic boiled egg + 1,80  
one serving pea spread, tomato spread, + 2,50  
vegan liver sausage, marinated vegetables, hummus or  
red beetroot-sesame- spread  
one serving vegan chocolate-hazelnut-spread +1,50  
or jam  
one serving organic butter + 0,80  
one golden bun or one croissant + 1,80

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# EGGS ON ROASTED BREAD

Our organic eggs are from the farm Alpermühle located in Nümbrecht. On the side of all our dishes we serve you a small salad. You can choose between „our“ spelt bread made from sourdough or our homemade golden buns made with spelt flour, oregano and sun-dried tomatoes (+1,00).

<b>Three organic scrambled eggs</b> with „our“ spelt bread & organic butter	6,90
<b>Two sunny-side eggs</b> with „our“ spelt bread & organic butter	5,90
<b>Strammer Max classic</b> cooked ham & 2 organic sunny-side eggs	7,50
<b>Strammer Moritz</b> gouda & 2 organic sunny-side eggs	7,50
<b>Stramme Leonie</b> red beetroot-sesame spread, feta cheese & 2 organic sunny-side eggs	9,90
<b>Stramme Laura</b> pea-spread, gouda & 2 organic sunny-side eggs	9,90
<b>Stramme Tina</b> tomato spread, marinated vegetables & 2 organic sunny-side eggs	9,90

## **Additional Toppings:**

bacon <u>or</u> boiled ham.	+ 2,00
smoked salmon	+ 3,20
tomato & herbs	+ 1,80
gouda <u>or</u> feta cheese	+ 1,80

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# GOLDEN CLASSICS

<b>Pasta with Lentil-Bolognese</b>	10,20
with cherry tomatoes, scallion & parmesan	
<b>Cheese spaetzle with alpine cheese</b>	11,50
with fried onions & small salad	
with bacon	+ 2,00
<b>Large salad</b>  <i>vegan</i>	8,90
with raw vegetables, seeds, agave-mustard-dressing	
& „our“ spelt bread	
with roasted goat cheese	+ 2,80
with tandoori-chicken	+ 2,80
<b>Curry-coco Soup</b>  <i>vegan</i>	6,90
with vegetables, sesame, cilantro	
& „our“ spelt bread	
with tandoori-chicken	+2,80
<b>Chili sin Carne</b>  <i>vegan</i>	9,90
with organic soy strips, kidney beans, corn &	
„our“ spelt bread	
with sour cream	+ 0,50

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## STULLEN FOR YOUR SMALL APPETITE

On the side of all our dishes we serve a small salad. You can choose between „our“ spelt bread made from sourdough or our homemade golden buns made with whole grain spelt flour, oregano & sun-dried tomatoes (+1,00).

<b>Stulle David</b>	7,20
tomato spread & roasted goat cheese	
<b>Stulle Andy</b>	6,90
hummus & fennel salami	
<b>Stulle Pia</b>	6,50
red beetroot-sesame spread & feta cheese	
<b>Stulle Zoe</b>  <i>vegan</i>	6,50
pea spread & marinated vegetables	
<b>Stulle Natascha</b>	6,50
tomato spread, feta cheese & chili strings	
<b>Stulle Jonas</b>	6,50
pesto & fenugreek gouda	

## YOGHURT AND FRUIT

soy yoghurt with fresh fruit	5,90
soy yoghurt with granola & fresh fruit	5,90
fruit salad	5,90

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# BREAKFAST BOARD

For six or more people you can order a large breakfast set up on plates, including something for everybody's taste.

You can always order more of what you like.

16,90 per person

## Your breakfast will consist of:

- organic butter, jam, vegan chocolate-hazelnut
- variation of **spreads**:
  - tomato, red beetroot- sesame, pea, hummus
- **variation of cheese**:
  - brie, gouda, fenugreek gouda
- **variation of sausage**:
  - boiled ham, black forest ham, fennel salami
- fruit salad
- organic scrambled eggs
- „our“ spelt bread (as much as you like)

On request, we are happy to offer you a separate card with allergy information.

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If you liked your visit at Café Goldjunge and  
want to support us:

1. Go follow us on instagram [cafe\\_goldjunge](#)
2. Share a Story und tag our profile:  
[@cafe\\_goldjunge](#)
3. Show your post to one of our team members
4. Enjoy a free hot drink



Goldjunge Sülz | Zülpicher Str. 282 | 50937 Cologne  
Goldjunge Mediapark | Gladbacher Str. 31 | 50672 Cologne  
Goldjunge Nippes | Neusser Str. 291 | 50733 Cologne  
Comming soon | Goldjunge Innenstadt | Hohe Pforte 4-6

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