
goldjunge

FOOD AND DRINKS

OUR PHILOSOPHY

*„Food should not be determined by the need to eat but by
ambiance, enjoyment, and taste.“*

-Helmut Glaßl

We want to offer you what we like the most.

Food should be simple, healthy, nutritious, and delicious. That is why we believe in quality, good craftsmanship, and the distinctive taste of self-made products.

We love bread- an item with a lot of variations. A fine piece of craftsmanship are our golden buns, beautifully topped with fresh spreads and other toppings.

With our range of products we want to support the local agriculture, that is why most of our products are supplied by local farmers.

Farm animal welfare and housing is highly important to us. We are convinced of a respectful treatment of animals. The demands of the producers are hereby more important than the certificate.

Food is a political topic to us- we support slow food and products such as palm oil are deliberately avoided.

For our café in Sülz we use coffee beans from the coffee roastery Van Dyck located in Cologne. Its special characteristic is the separate roasting of different types of coffee beans, only in the end the mixture is put together.

In our café in Nippes and at the Mediapark, we use coffee beans from the „Mehrwert“ roastery.

The German coffee roaster Benjamin Pozgai created a curve for roasting which shapes the coffee's incomparable taste. With every cup of coffee, you buy you support a social project called Crossroads in Kenia. Young people at risk are given new perspectives.

How are we going to make a change as a small café?

By communicating with our guests.

Please feel free to talk to us if you have any questions, requests, or suggestions.

Your Goldjunge team

At the moment, you can find us in Sülz, Nippes and at the Mediapark in Cologne.

goldjunge

All prices in euros and including VAT

SPECIAL DRINKS

Roasted almond Latte Macchiato 4,30
with almond sirup & almond slices

Pumpkin Spice Latte Macchiato 4,30
Latte Macchiato with homemade
pumpkin sirup & pumpkin spices

Golden Milk 3,90
Foamed milk with homemade turmeric
puree

+ one Espresso Shot 4,40

Hot Ginger - Lemon Grass Tea 3,90
homemade ginger-lemon grass sirup
with fresh mint

goldjunge

All prices in euros and including VAT

COFFEE

We use organic milk which is locally produced at the Hielscher Hof in Leichlingen. Oat milk is offered to you as a plant-based alternative. Herefore we will charge an additional amount of 0,50€.

Coffee	2,60
Large Coffee	3,00
Espresso	2,10
Espresso Macchiato	2,30
Double Espresso	2,60
French Press Coffee Pot (ca. 2 cups)	4,00
Cappuccino	3,00
large Cappuccino	3,80
Flat White	3,50
Coffee with milk	3,50
Latte Macchiato	3,50
Espresso Shot	0,50

Tea from controlled organic cultivation

Earl Grey, green tea, fruit mixture, herb tea	2,90
---	------

Freshly made tea	3,60
-------------------------	------

You can either choose between the fresh components or combine them as you like:

fresh mint, orange, lemon and/ or ginger

goldjunge

All prices in euros and including VAT

HOT DRINKS without coffee

Chai Latte	3,90
foamed milk with homemade chai sirup	
Dirty Chai	4,20
chai latte with one Espresso-Shot	
Hot Cocoa	3,60
foamed milk with white or dark cocoa	

COLD DRINKS

Viva con Agua still/sparkling 0,33l	2,80
Mineral water sparkling 0,7l	4,80
Maracuya spritzer 0,4l	3,60
BioZisch spritzer	3,30
<i>apple naturally cloudy, rhubarb</i>	
BioZisch lemonade 0,33l	3,30
<i>orange, blood orange, lemon naturally cloudy</i>	
Afri Cola/light 0,33l	3,30
Kölsches Wasser pink 0,33l	3,30
(grapefruit lemonade)	
Lilamonade 0,33l	3,40
(lavender-lemon-lemonade)	
Freshly squeezed orange juice 0,2l	4,50

goldjunge

All prices in euros and including VAT

BREAKFAST

Marie & André (<i>vegetarian</i>)	5,90
croissant, homemade jam, small fruit salad & organic butter	
Josepha & Erich	11,90
cooked ham, fennel salami, gouda, homemade jam, small fruit salad, pickled olives, "our" spelt bread & organic butter	
Amila & Ben	12,90
black forest ham, gouda, homemade tomato spread, homemade hummus, homemade avocado spread, olives, small fruit salad, "our" spelt Bread & organic butter	
Antje & Piet	11,90
gouda, brie, homemade quark with herbs, homemade jam, small fruit salad, "our" spelt bread & organic butter	
Sarah & Samuel	12,90
croissant topped with smoked salmon, gouda & organic scrambled eggs from the farm Alpermühle	
Krissel & Irisa (<i>vegan</i>)	9,90
homemade porridge with berries & roasted seeds, on the side of homemade avocado spread & "our" spelt bread	

goldjunge

All prices in euros and including VAT

Leonie & Andy 10,90
“our“ bread with tomato spread, fennel salami & organic scrambled eggs from the farm Alpermühle

Renate & Rolf (vegan) 10,90
marinated vegetables, homemade avocado spread, homemade hummus, homemade jam, salad, small fruit salad & “our“ spelt bread

Laura & David 11,90
Golden buns with avocado spread, bacon & two organic sunny side eggs from the farm Alpermühle

Bärbelchen & Hännchen (for two people) 26,90
2 glasses 0,1l fresh orange juice, 2 boiled Organic eggs from the farm Alpermühle, black forest ham, cooked ham, fennel salami, brie, gouda, homemade tomato spread, homemade quark with herbs, homemade jam, fruit salad, a lot of “our“ spelt bread & organic butter

Optionally you can add:

One boiled organic egg +1,80

One serving of avocado spread,

Tomato spread, hummus or

vegetable casserole +2,50

One serving of butter +1,50

Golden bun +1,80

goldjunge

All prices in euros and including VAT

EGG DISHES

three scrambled eggs from the farm Alpermühle 6,90
with "our" spelt bread, organic butter & small
salad bouquet

two organic sunny side eggs from the farm 5,90
Alpermühle "our" spelt bread, organic butter
& small salad bouquet

Extras:

bacon + 2,00

cooked ham + 2,00

organic gouda + 1,80

smoked salmo + 2,80

tomatoes and herbs + 1,80

feta cheese + 1,80

scallion + 0,90

All our "stramm" topped bread slices are served with a salad bouquet.

Stramme Eli 8,20
spelt bread, boiled ham, gouda & 2 organic
sunny side eggs

Strammer Micha 8,20
Strammer Max gratinated with gouda

Strammer Max 7,50
spelt bread, boiled ham & 2 organic sunny
side eggs

Strammer Moritz 7,50
spelt bread, organic gouda & 2 organic sunny
side eggs

goldjunge

All prices in euros and including VAT

OUR CLASSICS

GOLDEN CLASSICS

Pasta Lentil-bolognese (<i>vegetarian</i>) with cherry tomatoes, scallion & parmesan	10,20
Pasta Meat Bolognese with cherry tomatoes, scallion & parmesan	10,20
Large Salad With beetroot, seeds & "our" bread with fried goat cheese	8,90 +2,80
with tandoori-chicken	+2,80
Curry-Coconut Soup (<i>vegan</i>) with vegetables, sesame, coriander & "our" bread	6,90
with tandoori-chicken	+2,80
Chili sin Carne (<i>vegan</i>) with organic soy strips, kidney beans, corn & "our" bread, optional: sour cream (<i>vegetarian</i>)	9,90

GOLDEN BUNS

homemade buns with spelt, oregano & dried tomatoes on the side of a salad.

Goldgrün (<i>vegan</i>) avocado spread & marinated vegetables	7,50
Goldziege (<i>vegetarian</i>) fried goat cheese & tomato spread	7,50
Goldsalami fennel salami, hummus & cress	7,50
Goldfeta (<i>vegetarian</i>) feta cheese, tomato spread & chili strings	6,90
Goldkäse (<i>vegetarian</i>) organic gouda, organic quark with herbs & cucumber	6,90

goldjunge

All prices in euros and including VAT

STULLEN

A selection of freshly made sandwiches with “our” spelt bread on the side of a salad.

Avocado Stulle avocado spread & marinated vegetables (<i>vegan</i>)	7,20
Salami Stulle fennel salami, hummus & cress	7,20
Goat Cheese Stulle fried goat cheese & tomato spread (<i>vegetarian</i>)	7,20
Cheese Stulle organic gouda, organic quark with herbs & cucumber (<i>vegetarian</i>)	6,90
Feta Cheese Stulle feta cheese, tomato spread & chili strings (<i>vegetarian</i>)	6,90
Variation of our “Stullen” three halfed slices of bread topped as you like	8,90

YOGHURT AND FRUIT

Soy yogurt with fresh fruit	5,90
Soy yogurt with granola & fresh fruit	5,90
Fruit salad	5,90
A loaf of “our” spelt bread	4,80

goldjunge

All prices in euros and including VAT

BREAKFAST MENU

15,90

For six or more people you can order a large breakfast set up on plates, including something for everybody's taste.

- "our" bread
- organic butter
- homemade jam
- homemade spread (avocado, tomato, hummus)
- fresh quark with herbs
- choice of cheese
- choice of sausages
- fruit salad
- scrambled eggs (plain)

All our spreads are homemade with love.

On request, we are happy to offer you a separate card with allergy information.

goldjunge

All prices in euros and including VAT

You want to support us, put a smile on other people's faces and give them a well-filled stomach, then we have the perfect opportunity for you:

Share a story on Instagram



Tag us @cafe_goldjunge

Show your post to one of our team members

And enjoy a cappuccino for free

Goldjunge Sülz | Zülpicher Str. 282 | 50937 Cologne
Goldjunge Mediapark | Gladbacher Str. 31 | 50672 Cologne
Goldjunge Nippes | Neusser Str. 291 | 50733 Cologne

goldjunge

All prices in euros and including VAT